



01/06/2023

REQUIREMENTS FOR VISITING A RESIDENT IN ISOLATION

Unfortunately, Covid-19 is currently in our Home. Visitors continue to be welcomed during the outbreak. **If you are visiting a resident who is in isolation, you must wear the appropriate personal protection equipment (PPE).** Below are detailed instructions to don (put on) and doff (remove) PPE. You and your loved one's safety during this time is paramount.

Outside of each isolation room you will find a cart with all the items needed for donning and doffing PPE.

Items Needed:

- Gown
- Gloves
- Masks
- Face Shield
- Booties

Donning PPE: Putting on

1. Gather appropriate PPE.
2. Perform hand hygiene using hand sanitizer
3. Don Isolation gown. (tie the neck first before putting arms in. then put over your head.)
4. Don Face Mask
5. Put on Goggles/Face shield
6. Place Booties over shoes
7. Perform hand hygiene again prior to putting gloves on. Gloves should go ON TOP of the gown cuff.

Doffing PPE: Removal

1. Remove booties with gloved hand.
2. Gown and gloves: break the ties at the neck by pulling on the upper front portion of the gown with the hands still gloved, balling or rolling in the contaminated surfaces, and pulling the gloves off inside-out as the hands are withdrawn from the gown's sleeves. The gown and gloves can then be placed in a disposal receptacle together. (trash cans with red bio-hazard bag). You may now exit the room
3. Upon exit, perform hand hygiene- handwashing or hand sanitizer.
4. Remove face shield/goggles- use strap or sides, do not contact the front of them
5. Remove and properly handle face mask. Dispose of mask, replace with new mask.
6. Repeat hand hygiene.

If you or other family members have **questions, please seek the Charge Nurse.** We are happy to help you! Please **do not enter an isolated resident's room without the proper equipment.**