



Serving Kansas
City's Elderly Since
1882
OUR MISSION

Continuing the work of Saint Jeanne Jugan, our mission is to offer the neediest elderly of every race and religion a home where they will be welcomed as Christ, cared for as family, and accompanied with dignity until God calls them to himself.

OUR VALUES
*Reverence for
Life
Family Spirit
Humble Service
Compassion
Stewardship*



Praying for Your Intentions



As Little Sisters of the Poor, prayer makes up a large part of our lives. It's with us in good times and bad—we thank God for blessings, and ask for help when we're struggling. Sharing all aspects of our lives with God keeps him close.

This not only fulfills us, but is something we can give away to others as well. Saint Jeanne Jugan always thanked her benefactors by praying for them. Like her, we pray for those who help us, asking St. Jeanne's intercession and God's blessing for your generosity to us and our Residents. We are humbled that so many of you confide in us your intentions and petitions and ask us to pray for you and with you. We place

your hand-written notes and prayer requests submitted via our website in a basket in our chapel, at the feet of our statue of Jeanne Jugan, and do just that.

A Mass each month is specifically dedicated to the intentions we receive, as well as a portion of each day when we pray for the general well-being, needs, and blessings of our dear supporters, friends, and volunteers.

Prayer has brought us so much peace, especially during the last 18 months of uncertainty. We hope it brings peace to you as well, to know that you are in our thoughts and prayers daily. Please feel free to send us your intentions and prayer requests by mail, or through our website's home page.

Nine Days with Jeanne Jugan



Our Foundress, Saint Jeanne Jugan's feast day is on August 30th, and each year for nine days beforehand, we pray a novena to her—praying and reflecting on her life and teachings. This year we found an old activity sheet in our convent that none of us had seen before. It had an area of focus and practice for each of the nine days. We gave it a try, and really enjoyed doing it. We thought we would share it with you in case you may like to do some or all of the practices. Try one each day for nine days, or just pick a few here and there that resonate with you. And they don't need to be just before her feast day, they can be done any time of the year!

Novena for St. Jeanne Jugan

Nine days of focus:

- 1. Faith –** Let us ask God for the gift of faith which will help us to truly see Jesus in those we speak with.
- 2. God is within us –** Let us ask Jeanne Jugan to show us how to live in the company of Jesus at all times and help us “slow down” in our comings and goings today and every day.
- 3. Seeing God in nature –** Take time out to admire the beauty of God's creation - the beautiful lawn and park, the flowers, grass, and trees - and say a prayer of gratitude for those who keep it up so nice.
- 4. Seeing God in events –** Say a prayer to Jeanne Jugan, asking her to help you accept your aches, pains, ailments, and worries you have about your health in a spirit of faith and trust. Ask her to obtain for you courage and patience to see Jesus in your sufferings.
- 5. Love for the poor –** Take a few moments to reflect on how we can reach out to the poor today. Can I do something for a person who may be “poor in spirit?” Am I poor?
- 6. Kindness –** Let us imitate the kindness of Jeanne Jugan today and remember her virtues in the moments that may frustrate us and hurt us. If we feel weak in these difficult moments let us turn to her for guidance.
- 7. Jeanne's motto –** Reflect on the three parts of Jeanne's motto: the just man lives by faith; charity covers a multitude of sins; and he who keeps watch over his tongue, keeps watch over his soul.
- 8. Happiness and joy –** What can we do to bring happiness into the lives of others today? Take off the mask of worries and fears and let the joy of God's love shine through me to others.
- 9. A happy death –** Pray to Jeanne Jugan that when we reach the end of our life, she will help us to die as she did, in love and trust.

Memorable Birthdays

During the stress of a pandemic with its testing, screening, and many other things necessary to keep our Residents safe, it's more important than ever to continue bringing happiness and joy to our Residents' daily lives whenever we can.

Thanks to two lovely donors, our birthday gift fund has been replenished and we are able to keep buying gifts for our Residents' birthdays. Nothing brightens a day like a special present to open, and a singing group of friends saying, “We're glad you are here!”





Sweet Memories

While we encourage our Residents to enjoy the moment and explore current hobbies and interests that brighten their days, sometimes it's also fun to take a little trip down memory lane. We recently had an activity that incorporated both. Residents found old pictures from their

younger days, and displayed them in the mall area, unlabeled. Staff members, Little Sisters, and other Residents studied them as they passed by throughout the day, and tried to guess to whom each picture belonged. It was so much fun to see the various pictures from the 1950s, 60s, and even earlier!

Later in the afternoon, we all came together and those who entered pictures came and held them, revealing their identity. Some were easy to tell, even sixty years later, and some had changed a lot. Everyone fully enjoyed looking at the pictures and hearing the stories, as well as telling them.

Welcome, Mother Provincial!

This summer we were happy to welcome the new leader of our province, Mother Provincial Julie. She replaces Mother Maria Christine, who served for more than 12 years, and is now moving on to serve in our Home in Indiana. We are grateful for her leadership, and wish her well in her new assignment.

Mother Julie will oversee eight homes as provincial of the Chicago province, from KC to San Francisco. We are looking forward to working with her!



MOTHER'S MESSAGE

With World Day for Grandparents and the Elderly in July, and National Grandparent's Day September 12th, we are reminded of the vital role that the elderly play.

Keepers of family traditions, role models of faith and character, they are deep reservoirs of wisdom and a safe place to land for the younger generations; especially in these current times of change and upheaval. We thank God for the steady and loving presence of the elderly in our lives.

We recently came across this much-loved poem again, and would like to share it with you, who share our love for the aged.



Beatitudes for Friends of the Aged

By Esther Mary Walker

Blessed are they who understand
My faltering step and palsied hand.

Blessed are they who know that my ears today
Must strain to catch the things they say.

Blessed are they who seem to know
That my eyes are dim and my wits are slow.

Blessed are they who looked away
When coffee spilled at the table today.

Blessed are they with a cheery smile
Who stop to chat for a little while.

Blessed are they who never say,
"You've told that story twice today."

Blessed are they who know the ways
To bring back memories of yesterdays.

Blessed are they who make it known
That I'm loved, respected and not alone.

Blessed are they who know I'm at a loss
To find the strength to carry the cross.

Blessed are they who ease the days
On my journey home in loving ways.

This poem is in the public domain.

Make a Lasting Impact

A little can go a long way! A gift doesn't need to be large to make a difference. A modest gift given each month adds up to a big impact.

Our Residents need things that Medicaid doesn't cover to help relieve their pain, protect their dignity, and bring joy to their days.

Along with helping pay for medical care and a roof over their heads, your monthly gift — big or small — can bring comfort and a smile to a Resident's face and provide things like these every month, all year long:

\$10 / Month

OTC MEDICATION

Over-the-counter pain relievers and antacids make a big difference in daily comfort.

\$15 / Month

NEW DVD

For a movie night - a wonderful treat during quarantine!

\$24 / Month

EYE HEALTH

Vitamin supplements to help reduce the risk of progression of age-related eye diseases

\$40 / Month

PERSONAL CARE

Incontinence supplies for hygiene and improved quality of life

How to Get Started

It's easy to sign up for monthly donations:

• **For credit card, debit card, or checking direct withdrawal**, go to our website's donation page at littlesistersofthepoorkansascity.weshareonline.org and choose the option "Recurring Donation" under General Gift. There, you can choose the amount, date, and frequency of your gift.

• **Prefer to write a check?** Call us at 816-203-8014 and we will mail you self-addressed envelopes you can use to send your gifts.



Thanks to all of our current monthly donors!

www.littlesistersofthepoorkansascity.org